

ATAB 3: Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	DHS Child Welfare
Coos	Coos Health & Wellness	541-266-6700	541-266-6800	541-756-5500
Curry	Curry Community Health	541-813-2535 Brookings 541-425-7545 Gold Beach	877-519-9322	541-247-5437
Douglas	Adapt Integrated Care	541-440-3532	800-866-9780	541-271-4851 Reedsport 541-440-3373 Roseburg
Lane	Lane County Behavioral Health	541-682-3608	541-687-4000 (White Bird Clinic)	541-686-7555 Eugene 541-726-6644 Springfield 541-686-7722 W. Eugene
Linn	County Mental Health	541-967-3866	541-967-3866 or 800-304-7468	541-967-2060

Parenting Support, Early Childhood and Family Services

211info

Parenting support, early childhood, and family services
 CALL: **211** or **1-866-698-6155** and listen for the “parenting” option
 TEXT: “children” or “ninos” to **898211**
 EMAIL: children@211info.org
 WEBSITE: <https://www.211info.org/family/>

Oregon Family to Family Health Information Center

Children and youth with special health needs
 CALL: **855-323-6744** (English) **503-931-8930** (Español)
 EMAIL: contact@oregonfamilytofamily.org
 WEBSITE: <https://www.ohsu.edu/oregon-family-to-family-health-information-center>

Oregon and National Crisis Lines

988 Suicide & Crisis Lifeline

Available 24/7: suicide prevention and crisis resources
 CALL/TEXT: **988** (English & Español)
 CHAT: https://988lifeline.org/chat/#specialized_services (available to all, but especially useful for persons who are deaf or hard of hearing)

YouthLine

Available 24/7: teen-to-teen crisis and help line
 Teens respond 4-10pm Monday-Friday
 CALL: **877-968-8491**
 TEXT: “teen2teen” to **839863**



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The Trevor Project

Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25
CALL: 1-866-488-7386
TEXT: "START" to **678678**

Veterans Crisis Line

Available 24/7: suicide prevention and crisis resources
CALL/TEXT: **988** (English & Español)
CHAT: https://988lifeline.org/chat/#specialized_services (available to all, but especially useful for persons who are deaf or hard of hearing)

